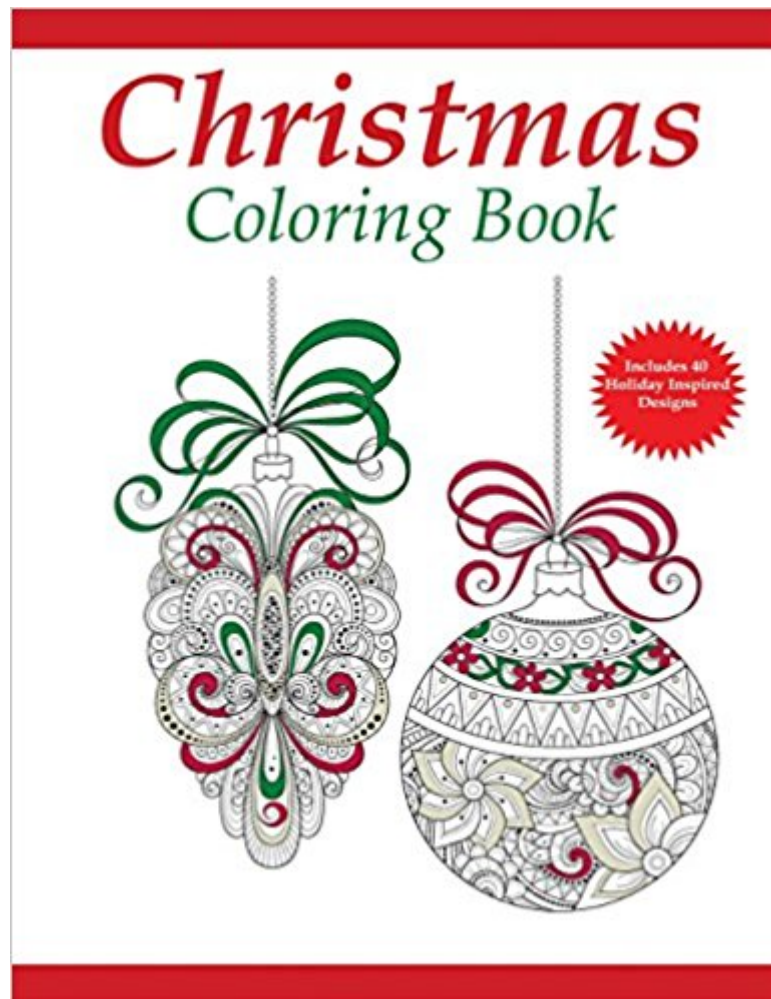


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# Christmas Coloring Book: A Holiday Coloring Book For Adults (Adult Coloring Books) (Volume 1)



## Synopsis

The Christmas Coloring Book: A Holiday Coloring Book for Adults contains 40 holiday-inspired designs for a fun and relaxing way to unwind. Each full-page illustration contains intricate and creative themes that together will provide hours of stress-free entertainment. Coloring books for adults are considered a form of art therapy. It has been shown that coloring is a great way to relieve stress, calm the mind, and even reduce anxiety. Coloring can also boost creativity by stimulating areas within the brain and helping to release endorphins. Many people consider coloring to be a form of meditation. So grab your coloring pencils, crayons, or watercolors and start coloring!

## Book Information

Series: Adult Coloring Books

Paperback: 86 pages

Publisher: Dylanna Publishing, Inc. (November 21, 2015)

Language: English

ISBN-10: 1942268211

ISBN-13: 978-1942268215

Product Dimensions: 8.5 x 0.2 x 11 inches

Shipping Weight: 9.9 ounces (View shipping rates and policies)

Average Customer Review: 4.2 out of 5 stars Â Â See all reviews Â (10 customer reviews)

Best Sellers Rank: #323,294 in Books (See Top 100 in Books) #219 in Â Books > Arts & Photography > Drawing > Coloring Books for Grown-Ups > Religious & Inspirational #226 in Â Books > Christian Books & Bibles > Christian Living > Holidays > Christmas #570 in Â Books > Crafts, Hobbies & Home > Crafts & Hobbies > Papercrafts, Stamping & Stenciling > Papercrafts

## Customer Reviews

Arrived early and in great condition but I would not have ordered it if I could have seen all the pages first. It is fine for a first "coloring book" for an adult to color but the designs are very simple. If you like the more detailed drawing to color you will be disappointed. I will probably re-gift this one!!

Nice pictures but the link to get pdf in back of book doesn't work you can type it in but its so long and it wont let you copy it you have to write it down and type it . too much work for a color book.

What a great way to reduce holiday stress. Perfect gift for the friend who has everything. So much fun.

Highly recommend. Lots of beautiful holiday pictures. I love that I can print them again and again.

Nice pictures to color. Some of them were repeats from other books that I already have, though. But, despite that, the images are nice.

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